



IMPORTANT TRAVEL INFORMATION & PACKING LIST for your BALI ADVENTURE:

We are excited to assist you in preparing for a tropical adventure, by providing you with a packing list of important items.

Please read the whole document, some things are **utterly important**, such as the *Dos and Don'ts*, the information about your passport and visas, customs forms, and the Tourist Tax.

- ☑ THERE ARE NO VACCINE REQUIREMENTS, they have been **revoked** and are **no longer required**.
- ☑ The **SATU SEHAT** App or **HEALTH REGISTRATION** is required before entry to Bali: <https://sshp.kemkes.go.id/register>
- ☑ **IMPORTANT TRAVEL INFO:**
<https://www.smarttraveller.gov.au/destinations/asia/indonesia>



Remember you are traveling to the **tropics**. - 😊 The **weather** is tropical, **warm to hot**, with about a steady **29 Celsius / 85 Fahrenheit**, and a **humidity** of about **75%**.

- ☑ **The dry season**, with very little rain, is **between April and December**. The nights are coolest in July/August.
- ☑ **The wet season** is between **late December** and the **beginning of April**.



Also, be prepared to encounter more wildlife - 😊 in Bali. You will see more critters and insects, such as ants, spiders, some mosquitos, Geckos, even small rodents, and rarely ever a small scorpion. Many of these critters we are not used to encountering in the West. **Just remember, they are usually just a nuisance.**

We provide small refrigerators for your medicine, and most importantly to keep all snacks or food away from pests. Please cooperate ❤️

Here are some suggestions of what to bring

- Light clothing**, because it's tropically warm. Bring beautiful, colorful, thin clothing.
 - For men**, bring thin T-shirts, **sleeveless shirts** and shorts.
 - A pair of leggings** (if there should be cooler times)
 - Socks for meditation periods in the morning**
 - Yoga Clothing**
 - Thin pajamas**
 - Sarong / Wrap**, also good for the beach, go to massage (can also be purchased in Shambala, 6-10 Euro maximum)
 - Sandals or Flip -Flops** or easy-to-get-off and-on sandals, as you will be taking your shoes off often at the resort
 - House shoes if you wish**
 - Swimsuit or Bikini**
 - A lightweight fleece jacket** for possible cooler evenings and in the airplane
- Toiletries**
- toothpaste, shampoo, and conditioner.**
 - Shambala provides liquid soap.**
 - Sanitary napkins or tampons. *Shambala provides a paper bag to dispose of sanitary items.***

IMPORTANT: Shambala uses septic systems and therefore requires that you *do not throw anything but soiled toilet paper into the toilet.*

Towels and bath towels *are provided at Shambala*

ADDITIONAL ITEMS

- Travel alarm clock**, *which is usually your cellphone*
- Snorkel, Mask, and Fins** *are available at Shambala*, but we will not have enough for everyone at the same time.
- Plastic bag** for the boat ride if you are going out on a ***Dolphin Sunrise Watch*** and wish to protect your gear from water and or bring a snack
- Biodegradable suntan lotion:** # 15 should be enough unless you have very sensitive skin and plan to be in the sun for a long time.
- Sunglasses** *if* desired
- Earplugs:** If you are a lighter sleeper, it is great to bring your own earplugs, **preferably silicon earplugs** *as sometimes the ocean waves are up, or the priests happen to conduct a ceremony at night ... what is beautiful and romantic ... or when the cocks crow, and if one wants to have rest time, or want to sleep.*

FOR FUN

- Diary to journal**
- Book to read / Kindle**
- Pencils**
- MP3 player with headphones** if you like listening to your own music
- Backpack** (small) for Day Excursions
- Addresses for writing postcards**

FOR YOUR HEALTH

- Vitamins**
- Minerals - which are important because you sweat more LIQUID MINERALS** are best, as we sweat more in the tropics and need minerals.
- Plaster/ Band-Aid /liquid BandAid**

- ✓ Personal medicines,
- ✓ Charcoal Tablets
- ✓ Disinfectant
- ✓ Antibiotic cream for scrapes and wounds, which is especially important in the tropics. You can get these in Bali easily and our staff can get them for you.
- ✓ Mosquito protection: *All beds have mosquito nets. We also have an electric mosquito racket which helps to catch any unwanted visitors.*
- ✓ Anti-Mosquito Spray: is available at Shambala, at the Boutique, *where you can buy biological and pleasant-smelling spray against mosquitoes.*
- ✓ For the ears: Please bring a **small bottle of white vinegar**. It's good to **rinse out your ears** after bathing in the sea. *Prevention is better than nursing an earache.*

IMPORTANT TRAVEL PAPERS

- ✓ **PASSPORT:** Your passport needs to be valid for **at least 6 months** at the time of entering Indonesia. **NONE of the pages in your passport are permitted to have ANY signs of damage, even the smallest of rips or watermarks.**
- ✓ **FLIGHT TICKETS**
- ✓ **MONEY for TIPPING and** eventual purchases
- ✓ **CREDIT CARD**
- ✓ **Telephone numbers** of the contact person in case of any emergencies, with home with address.

VISA, TAXES, CUSTOMS

- ✓ **VISITOR TAX of 150.000 RP** which you can pay online. Go to lovebali.baliprov.go.id
- ✓ **A VISA on ARRIVAL** is available at **Immigration** or as an **E-Visa** in the amount of **500.000 RP**. You *can* pay it in cash at Immigration on arrival, but that takes much longer. An **Online Application is suggested and can be made here** <https://molina.imigrasi.go.id/>

☑ **CUSTOMS DECLARATION** which can be done only 48 hrs. ahead of your departure to Bali, **but you can fill it out online here**

<https://ecd.beacukai.go.id/>

☑ IF you wish to get help from a VISA agency, we recommend **HIGHWAY VISA AGENCY** email@baliconsultant.com

SHAMBALA OCEANSIDE RETREAT Address:

Pantai Bondalem

Desun Jro Kuta

Bondalem, Tejakula 81173

District of Buleleng

Bali / Indonesia

GOOGLE LINK <https://goo.gl/maps/mzGg7UTyNSxPbTWBA>

- **CONTACT INFO** on our Shambala Website
<https://baliseminars.com/contact.html>
- **SHAMBALA WhatsApp number** for yourself and your family **+62 813-3867-4895**

HOW TO PAY YOUR TOURIST TAX

Every foreign tourist is obliged to pay tourist tax before they arrive in Bali.

Paying tourist tax in Bali is best done online through the **Love Bali website** or application.

Through **Love Bali**, tourists can fill in personal data information and then **get a QR code** after payment. **The QR code will be scanned by the officer** upon arrival at the Bali airport. Here is a step by step how to pay your tourism Levy that you can follow:

1. Go to lovebali.baliprov.go.id or download the **Love Bali App** from *Google Play Store* or *Apple App Store*.



- 2. Next, enter your personal and payment information**, such as passport number, name, email address, and arrival date.
- 3. Then, select the payment method**, there are various payment methods available to make it easier for tourists to pay the levy.
- 4. Complete the payment of Bali Tourism Tax**, which is **IDR 150,000** per person, according to the payment method that has been selected.
- 5. After successful payment, tourists will get a levy voucher, in the form of a QR code.**
The levy voucher will also be sent to your email, **make sure the email entered in the personal information filling is valid and active.**
- 6. The officer will scan the QR code** at the arrival airport in Bali.

CUSTOMS ONLINE DECLARATION ONLINE

Every traveler arriving on the island must complete an Electronic Customs Declaration Form (ECD). This is as much part of the entry requirements for the nation as having valid passports.

It doesn't matter if you're importing goods or not or whether you pay income tax here in Bali, you must complete this form.

This form can be **completed only 48 hours** before **you land in Bali** using the **online form** <https://ecd.beacukai.go.id/>

For further information read here: <https://finnsbeachclub.com/guides/customs-regulations-bali-indonesia/>



BE A GOOD TOURIST

Please read the **Dos and Don'ts in Bali** in our FLIPP BOOK <https://shorturl.at/fqIJ5>

CREDIT CARDS/ATM


- There is NO MONEY CHANGER at SHAMBALA.
- The closest ATM MACHINE is in TEJAKULA, about 10 MINUTES by motorbike from SHAMBALA.

EXCHANGE MONEY



If you need to exchange your money for the local IDR currency, please do it at the airport. PLEASE ALWAYS CHECK YOUR MONEY when you receive it.


- You can also find a money changer in UBUD, in KUTA, or in the CANGGU area.

PAYMENT FOR EXTRA CHARGES at SHAMBALA

You can settle your bill, using a Credit Card , CASH, or Bank transfer (**WISE**) for charges such as: Food, Massages, Modems, purchases at the Boutique, extra nights, etc.

- For Credit Card payments we'll need to add a 3 % surcharge.
- For PayPal payments we need to surcharge with 4%.

 **FÜR DEUTSCHE REISENDE:** You can **NOT**  use the **MAESTRO EC Card** IN BALI.

 **EXTRA ACTIVITIES** *(that need to be PAID DIRECTLY to the PROVIDER:)*

- Dolphin Tour**
- Day-Trip Transportation**
- Yoga Classes**
- Traditional Balinese Dance Classes**

We will gladly help you organize your activities around SHAMBALA.

Please pay for these extra activities directly to the provider.

If you need help, please let us know. 

 **Wi-Fi**

Wi-Fi is free of charge for all, at the **Restaurant**, and the **YOGA HALL 24/7**.

 **TRANSPORTATION & TAXI** 

We recommend PERAMA TOURS as they are **insured and licensed**.

- WhatsApp +62 877-8686-5656.
- TREE LINK <https://linktr.ee/peramatour>
 - Pick up from UBUD to SHAMBALA** or back, costs 800.000 IDR per car for up to 4 people with luggage.
 - Pick up from/ to AIRPORT** ✈️ or Canggu or Kuta area to SHAMBALA or back, costs 950.000 IDR per car for up to 4 people with luggage.

Please pay their driver directly. 

 **TIPPING AT SHAMBALA** :

- A 5% GRATUITY is already INCLUDED in your GROUP BOOKING PRICE.**

 **ARRIVING AT SHAMBALA**

Please contact EDY at the Shambala Office about 20 MINUTES BEFORE you arrive at SHAMBALA.

☑️ 📞 📠 📞 WHATSAPP & Telephone number [+6281338674895](tel:+6281338674895)

Our team will come and meet you at the streetside and carry 🧳 ❤️ your luggage to Shambala.

I hope you found this information helpful. 🙏 ❤️ We wish you a wonderful and safe journey. ✈️ 🚗 🚢 and we are looking forward to greeting you at SHAMBALA 🌞 ❤️ 🌸 🙏 🌞

Warmly, ❤️ your SHAMBALA TEAM. 🙏 🙏 🙏 🙏 🙏

