



IMPORTANT TRAVEL INFORMATION & PACKING LIST for your BALI ADVENTURE:

We are excited to assist you in preparing for a tropical adventure by providing you with a packing list of important items.

Please read the whole document, some things are utterly important, such as the Dos and Don'ts, the information about your passport and visas, customs forms, and the Tourist Tax.

THERE ARE NO VACCINE REQUIREMENTS; they have been revoked and are no longer required.

The SATU SEHAT App or HEALTH REGISTRATION is required before entry to Bali: https://sshp.kemkes.go.id/register
IMPORTANT TRAVEL-INFO:

Remember, you are traveling to the tropics. - The weather is tropical, warm to hot, with about a steady 29 Celsius / 85 Fahrenheit, and a humidity of about 75%.

✓ The dry season, w	ith very little rain,	is between Apri	and December.
The nights are cooles	t in July/August.		

☑ The wet season is between late December and the beginning of April.

Also, be prepared to encounter more wildlife - 😊 in Bali. You will see
more critters and insects, such as ants, spiders, some mosquitoes, Geckos, even
small rodents, and rarely ever a small scorpion. Many of these critters we are not
used to encountering in the West. Just remember, they are usually just a
nuisance.
We provide small refrigerators for your medicine, and most importantly, to
keep all snacks or food away from pests. Please cooperate ♥
Here are some suggestions of what to bring
Light clothing, because it's tropically warm. Bring beautiful, colorful,
thin clothing.
For men, bring thin T-shirts, sleeveless shirts, and shorts.
A pair of leggings (if there are cooler times)
Socks for meditation periods in the morning
✓ Yoga Clothing
✓ Thin pajamas
Sarong / Wrap, also good for the beach, go to a massage (can also be
purchased in Shambala, 6-10 Euro maximum)
Sandals or Flip -Flops or easy-to-get-off and on sandals, as you will be
taking your shoes off often at the resort
✓ House shoes if you wish
Swimsuit or Bikini
A lightweight fleece jacket for possible cooler evenings and in the
airplane
✓ Toiletries
toothpaste, shampoo, and conditioner.
✓ Shambala provides liquid soap.
Sanitary napkins or tampons. Shambala provides a paper bag to
dispose of sanitary items.

<u>✓ IMPORTANT</u> : Shambala uses septic systems and therefore requires that you <u>do not throw anything but soiled toilet paper into the toilet.</u>
✓ Towels and bath towels are provided at Shambala
ADDITIONAL ITEMS
Travel alarm clock, which is usually your cellphone
Snorkel, Mask, and Fins are available at Shambala, but we will not
have enough for everyone at the same time.
✓ Plastic bag for the boat ride if you are going out on a Dolphin Sunrise
Watch and wish to protect your gear from water and or bring a snack
✓ Biodegradable suntan lotion : # 15 should be enough unless you have very sensitive skin and plan to be in the sun for a long time.
Sunglasses <u>if</u> desired
Earplugs: If you are a lighter sleeper, it is great to bring your own earplugs, preferably silicon earplugs as sometimes the ocean waves are up, or the priests happen to conduct a ceremony at night what is beautiful and romantic or when the cocks crow, and if one wants to have rest time, or want to sleep.
FOR FUN
 ✓ Diary to journal ✓ Book to read / Kindle ✓ Pencils ✓ MP3 player with headphones if you like listening to your own music ✓ Backpack (small) for Day Excursions ✓ Addresses for writing postcards
FOR YOUR HEALTH
 ✓ Vitamins ✓ Minerals - which are important because you sweat more, LIQUID MINERALS are best, as we sweat more in the tropics and need minerals. ✓ Plaster/ Band-Aid /liquid Band-Aid

✓ Personal medicines,	
✓ Charcoal Tablets	
☑ Disinfectant	
Antibiotic cream for scrapes and wounds, which is especially importa	ant
in the tropics. You can get these in Bali easily and our staff can get them	for
you.	
Mosquito protection: All beds have mosquito nets. We also have an	
electric mosquito racket, which helps to catch any unwanted visitors.	
Anti-Mosquito Spray: is available at Shambala, at the Boutique, when	re
you can buy biological and pleasant-smelling spray against mosquitoes	s.
For the ears: Please bring a small bottle of white vinegar. It's good to	o
rinse out your ears after bathing in the sea. Prevention is better than	
nursing an earache.	
IMPORTANT TRAVEL PAPERS	
PASSPORT: Your passport needs to be valid for at least 6 months at t	the
time of entering Indonesia. NONE of the pages in your passport are	
permitted to have ANY signs of damage, even the smallest of rips or	
<mark>watermarks.</mark>	
FLIGHT TICKETS	
MONEY for TIPPING and eventual purchases	
✓ CREDIT CARD	
✓ Telephone numbers of the contact person in case of any emergencie	es,
with home address.	
VISA, TAXES, CUSTOMS	
VISITOR TAX of 150.000 RP, which you can pay online. Go to Welcome	to
Bali, the Island of Gods - Love Bali or copy and paste https://lovebali.baliprov.go.id/	
✓ A VISA on ARRIVAL is available at Immigration or as an E-Visa for the	e
amount of 500.000 RP. You can pay it in cash at Immigration on arrival, I	but
that takes much longer. An Online Application is suggested and can be	

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CUSTOMS DECLARATION, which can be done only 48 hrs. ahead of your departure to Bali, but you can fill it out online here https://ecd.beacukai.go.id/

IF you wish to get help from a VISA agency, we BALI VISA AGENCY Mr. WIRA info@balivisasagency.com
HIGHWAY VISA AGENCY Mr. Wayan email@baliconsultant.com

SHAMBALA OCEANSIDE RETREAT Address:

Pantai Bondalem
Desun Jro Kuta
Bondalem, Tejakula 81173
District of Buleleng
Bali / Indonesia

- GOOGLE MAP LINK https://goo.gl/maps/mzGg7UTyNSxPbTWBA
- CONTACT INFO on our Shambala Website https://baliseminars.com/contact.html
- SHAMBALA WhatsApp number for EDY, our *Guest Service Manager*, is +62 813-3867-4895

HOW TO PAY YOUR TOURIST TAX

Every foreign tourist is obliged to pay the Tourist Tax before arriving in Bali. Paying tourist tax in Bali is best done online through the Love Bali website or application.

Through Love Bali, tourists can fill in personal data information and then get a QR code after payment. The QR code will be scanned by the officer upon arrival at the Bali airport. Here is a step-by-step guide on how to pay your tourism Levy that you can follow:

- 1. Go to <u>lovebali.baliprov.go.id</u> or download the Love Bali App from Google Play Store or Apple App Store. (If your Browser does not open the Link automatically and then copy and paste it into another Browser.)
- **2.** Next, enter your personal and payment information, such as passport number, name, email address, and arrival date.

- **3.** Then, select the payment method; there are various payment methods available to make it easier for tourists to pay the levy.
- **4. Complete the payment of Bali Tourism Tax,** which is **IDR 150,000** per person, according to the payment method that has been selected.
- **5.** After successful payment, tourists will get a levy voucher in the form of a QR code.

The levy voucher will also be sent to your email. Make sure the email you entered in the personal information form is valid and active.

6. The officer will scan the QR code at the arrival airport in Bali.

CUSTOMS ONLINE DECLARATION ONLINE

Every traveler arriving on the island must complete an Electronic Customs

Declaration Form (ECD). This is as much a part of the entry requirements for the nation as having valid passports.

It doesn't matter if you're importing goods or not, or whether you pay income tax here in Bali, you must complete this form.

This form can be **completed only 48 hours** before **you land in Bali** using the **online form** https://ecd.beacukai.go.id/

For further information, read here: https://finnsbeachclub.com/guides/customs-regulations-bali-indonesia/





BE A GOOD TOURIST
✓ Please read the <u>Dos and Don'ts in Bali</u> in our FLIPP BOOK HERE
CREDIT CARDS/ATM ATM
There is NO MONEY CHANGER at SHAMBALA.
The closest ATM is in TEJAKULA, about 10 MINUTES by motorbike from SHAMBALA.
(§) EXCHANGE MONEY (§)
✓ There is NO ATM at Shambala.
If you need to exchange your money for the local IDR currency, please do it at the airport. PLEASE ALWAYS CHECK YOUR MONEY when you receive it.
You can also find a money changer in UBUD, in KUTA, or the CANGGU area.
👸 PAYMENT FOR EXTRA CHARGES at SHAMBALA 🍥 🥑 💆 🛗 📵
You can settle your bill, using a Credit Card , CASH, or Bank transfer (WISE) for charges such as Food, Massages, Modems, purchases at the Boutique, extra nights, etc.
For Credit Card payments, we'll need to add a 3 % surcharge.
For PayPal payments, we need to surcharge 4%.
✓ ■ FÜR DEUTSCHE REISENDE: In Bali kann man keine MAESTRO EC Card benutzen.
EXTRA ACTIVITIES (that need to be PAID DIRECTLY to the PROVIDER:)
☑ Dolphin Tour
☑ Day-Trip Transportation
✓ Yoga Classes

▼ Traditional Balinese Dance Classes

We will gladly help you organize your activities around SHAMBALA.

Please pay for these extra activities directly to the provider.

If you need help, please let us know. 🤥



Wi-Fi is free of charge 24/7

♠ TRANSPORTATION & TAXI **♣**

We recommend PERAMA TOURS as they are insured and licensed.

- ✓ WhatsApp +62 877-8686-5656.
- ▼TREE LINK https://linktr.ee/peramatour
 - Pick up from UBUD to SHAMBALA or back, costs 800.000 IDR per car for up to 4 people with luggage.
 - ✓ Pick up from/ to AIRPORT → or Canggu or Kuta area to SHAMBALA or back, costs 950.000 IDR per car for up to 4 people with luggage.

Please pay their driver directly. 🐧

♥TIPPING AT SHAMBALA♥:

A 5% GRATUITY/ SERVICE FEE is already included in your booking. Our Team works hard to please you, and if you feel inclined to, you can give a tip at the end of your stay in the Communal Tip Box.

ARRIVING AT SHAMBALA

Please contact EDY at the Shambala Office about 20 MINUTES BEFORE you arrive at SHAMBALA.

☑ ☑ ☑ WHATSAPP & Telephone number +6281338674895

I hope you found this information helpful. ⚠ ♥ We wish you a wonderful and safe journey. → ♠ ➡ and we are looking forward to greeting you at SHAMBALA ❖ ♥ ﴿ ﴿ ﴾

Warmly, ♥ your SHAMBALA TEAM. 🕰 🕰 🕰 🛝

